

name: _____ class: _____ date: _____

MY EATING HABITS

My diet is...

- ... **healthy** My diet isbecause.....
- ... **balanced**
- ... **unbalanced**
- ... **unhealthy**

Vegan or vegetarian?

I'm (not) a vegan / vegetarian because

.....
.....
.....

Have you ever tried...?

- Indian food Chinese Food
- Mexican food Italian food
- Turkish food Spanish Food

Which did you like best and why?

.....
.....
.....

Food – My likes and dislikes

I like / love:

- 😊
- 😊
- 😊
- 😊

I don't like / hate:

- ☹
- ☹
- ☹
- ☹

I should eat / drink this less:

.....
.....

I should eat / drink this more often:

.....
.....

COOKING AND BAKING

Do you enjoy cooking / baking?

How often do you cook / bake at home?

What's your speciality?